

### **Which Class is right for you?**

**Mommy and Me Dance-** This class is for ages 1 ½-2 ½- and their mommys! This is a fun and creative class that helps to introduce our little ballerinas to a dance class setting with the security of knowing that their mommy's are still in the room to help and guide them. This increases their confidence and allows them to explore movement, basic ballet steps and rhythm. We turn in to princesses, animals, musicians, and most importantly- ballerinas! This fun filled class is also a great way for the students and parents to meet new friends!

**Pre-Kinder Dance-** This class is offered to students ages 2 ½-4. It is a 45 minute class that offers Ballet and Tap instruction in a fun and positive environment. Dancers are introduced to the magical world of dance! Ballet steps, placement, terminology, and progressions are learned, as well as basic tap sounds, rhythm and timing. There are always 2-3 teachers in the room at a time for this age group.

**Kinder Dance-** This class is available for students ages 4-5 (2<sup>nd</sup> year 4's, and 1<sup>st</sup> or 2<sup>nd</sup> year 5's). This hour long class includes Ballet and barre instruction. Dancers increase their flexibility, start to learn to use the ballet barre properly, terminology, placement, rhythm and timing. There are always 2-3 teachers in the room at a time.

**Tot-Hop- Ages 3-5-** This is an introduction class for students interested in hip-hop. This is a fun class that gets our younger dancers moving in a faster paced and fun class setting! All music and choreography is age appropriate! Ballet is highly recommended to all dancers who take this class.

**\*During fall session our Pre-kinder and Kinder classes consist of 14 students max- with 2-3 teachers in the class at a time\***

**Beginner Ballet/Tap/Jazz-** This class is offered to dancers ages 6-8 who have 0-2 years of training. This class can be done as a combo or broken up into individual classes; however the dancers must participate in the ballet portion in order to do jazz or tap. Ballet- students learn barre work, center combinations, progressions, proper placement and technique. Jazz- turns, jumps, leaps, jazz steps/combinations, and progressions. Tap- Students learn rhythm timing and traditional tap steps. Tap helps dancers stay on beat to the music and learn to hear every beat by using their feet to tap along!

**Beginner Lyrical-** This class is for dancers who have had 0-3 years of experience in lyrical are ages 6-9. One of our most popular classes- lyrical is a form of dance in which the dancer expresses their self as well as the meaning of the song through movement. This class uses technique, emotion, and flexibility.

**Beginner Hip-Hop-** This class is offered to dancers ages 6-9 who have had 0-3 years training in Hip-Hop. Styles such as popping, locking, floor work, music video, and much more is explored during this class. This class is upbeat and fun! All music and choreography is age appropriate!

**Intermediate 1 Ballet/Tap/Jazz-** this level is for ages 7-10 that have had 3 or more years of training. It is for the more serious dancer who is ready to take what they have learned to the next level. Proper technique is stressed, with new turns, leaps, jumps and combinations being perfected and introduced. Barre work is used in our ballet class to build a strong core for our dancers, along with center floor work

and with emphasis on body placement and control. Students already know their basic tap steps by this time and are ready to add on with new steps and combinations!

**Intermediate 2 Ballet/tap/jazz-** This class is for dancers ages 10-15 with 0-3 years of dance experience. Classical ballet is learned, along with jazz technique, and tap. This class can be taken as a combo or separate. Based on ability some dancers may be moved up or down- as we do placement on ability over age. The teacher for this class or director will notify you if a change needs to be made.

**Intermediate Lyrical-** Available to dancers ages 10-15 with 0-3 years of experience. This class is for dancers who are not yet ready for our advanced 1 class who are eager to learn and grow technically. One of our most popular classes- lyrical is a form of dance in which the dancer expresses their self, as well as the meaning of the song through movement. This class uses technique, emotion, and flexibility.

**Intermediate Hip-Hop-** This class is for dancers ages 10-15 with 0-3 years of experience. Styles such as popping, locking, floor work, music video, and much more is explored during this class. This class is upbeat and fun! All music and choreography is age appropriate!

**Open Lyrical or Hip-Hop-** These classes are offered to dancers who only wish to take a hip-hop or lyrical dance class and are more recreational.

**Advanced 1-** All advanced 1 levels are offered to dancers ages 11 and up who have 4 or more years of training in dance. Please note that we will do placement for this class based on ability over age. Some students may need to be moved down or up depending on ability. Director placement may be required for this level. Advanced 1 is for dancers who are ready to improve on what they already have learned as well as learn new steps and techniques.

**Advanced 2-** This class is by director placement and is offered for ages 12 and up who have had 6 or more years of training. Our most advanced students, as well as assistant teachers are placed in this level. If you meet the requirement of 6 or more years training please note that you may be eligible for this class- contact director for placement purposes.

**Beginner Teen/Adult-** This class is for dancers ages 16-adult. It varies between ballet, lyrical, and sometimes jazz. It is a good way to work out and increase flexibility.

**Elite teams-** Elite teams are for our dancers who would like to represent the studio at parades, competitions, and elderly homes. It is available to ages 4-18. Please contact the studio if interested in being a part of one of these teams.

**Cheerleading/Tumbling-** proper motion technique, jumps, cheers, chants, dances, and stunts are taught during cheer class. Tumbling includes floor tumbling such as handstands, forward/backward rolls, cartwheels, round-offs, front and back handsprings, round-off back handsprings, tucks and much more.

**Private lessons-** By request and availability only.

### **WHY CHOOSE EDA?**

In our first year Encore Dance Academy acquired 15 first place finishes, many top over all awards, and the State Championship. We offer top notch training and a positive environment that allows students to be confident and the best they can be both in and out of the studio. Our teachers genuinely care about our students and ensure that everyone shines to their fullest potential. At EDA everyone is treated like family. We have monthly newsletters, student progress information, and open communication to ensure that everyone is up to date on our students, studio, and annual recital information. If you have any questions feel free to ask! 😊